

Winter feeding tips

Speaking of birds, and lists, Audubon Park Wild Bird Food (audubonpark.com) has several suggestions of feeding birds in winter, especially if you're snowed in and have to make do with what's around the house.

- Put the food on cookie sheets and then place them in your yard on top of the snow or on a patio table.
- Use a plant saucer for drinking water, refreshing it daily to prevent freezing.
- Among the healthy foods: orange and apple slices, frozen or dried cherries, peanut butter, unseasoned beef fat, unsalted sunflower seeds or peanuts, quinoa and millet.

